

SPECIMEN COLLECTION

- 1: Collect your faecal sample free from urine or toilet water.
- 2: Take the collection device as shown, unscrewing the purple cap ONLY and set aside for later use.
- 3: Use the spatula to collect a small amount of your faecal sample.
- 4: Transfer the faecal sample into the top portion of the yellow tube top. Repeat until the sample fills the yellow tube top, but DO NOT push the sample into the tube.
- 5: Level the sample and remove any excess as shown.
- 6: Pick up the purple cap and screw onto the yellow tube top until tightly closed.
- 7: Shake and dissolve the sample in the stabilising liquid in the tube as shown.
- 8: Place the spatula in the original packaging or toilet paper and discard in the garbage.
- 9: Place the specimen into the Specimen Transport Bag and then into the Padded Express Post envelope. Send to AGRF that same day.

** Please Note**

This kit is intended for the collection and stabilisation of microbial DNA from human faecal samples. This product is intended for use by adults ONLY. Wash with water if stabilising liquid comes into contact with eyes or skin. DO NOT ingest.

If you are uncertain of the collection procedure after reading these instructions, please contact our Customer Service Staff at customer.service@vivalab.health. The team will aim to clearly explain the procedure.

KIT CONTENTS:

Please check the contents of this kit. If items are missing OR you have any questions regarding this kit, please contact our Customer Service Staff at customer.service@vivalab.health

1x OMNIgene®GUT Collection Device (purple cap tube)
1x Spatula

1x Toilet accessory for collection

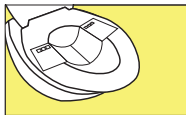
1x Specimen Transport Bag
1x Padded Express Post envelope

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FAECAL SAMPLE COLLECTION INSTRUCTIONS

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customer.service@vivalab.health

1



Collect faecal sample free of urine or toilet water.

- Utilise any toilet accessory which is supplied with the collection device.
- Toilet paper or tissues may be required.

2



While holding the yellow tube top, unscrew ONLY the purple cap and set aside for later use.

IMPORTANT:
Do NOT remove the yellow tube top. Tube is not designed to stand upright. Do NOT spill the stabilizing liquid in the tube.

3



Use the spatula to collect a small amount of faecal sample.

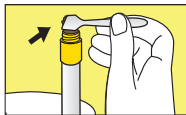
4



Transfer the faecal sample into the top portion of the yellow tube top. Repeat until the sample fills the yellow tube top.

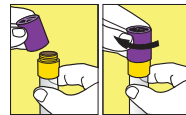
IMPORTANT:
Do NOT push sample into the tube.

5



Scrape horizontally across the tube top to level the sample and remove any excess. Wipe exterior of tube and top with toilet paper or tissue as needed.

6



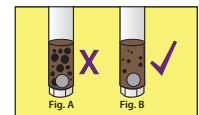
Pick up the purple cap and screw onto the yellow tube top until tightly closed.

7



For a minimum of 30 seconds, shake the sealed tube as hard and fast as possible in a back and forth motion.

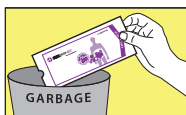
8



The faecal sample will be mixed with the stabilizing liquid in the tube; not all particles will dissolve.

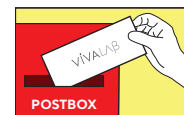
IMPORTANT: Continue shaking if large particles remain as shown in Figure A.

9



Place spatula in original packaging or wrap in toilet paper and discard in garbage.

10



Place the sample into the padded envelope and post back to AGRF the same day by Express Post.

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